

★TEAM PLANET HOCKEY USA - SQUIRT 10U ★

Coach - Adam Powell (TX)

DAY 1	8:30-9:45	ICE #1 - Power Skating NIC GLADER (Pro Rink)
Lørdag	10:15-11:45	X-Games. Gym - Handball
Saturday	11:45-12:15	Lunch - players/coaches
7/30	12:45 - 13.30	Dryland

	2:00-3:00	ICE #2 - Skills Training (Rink 2)
Goalie	3:30-4:15	Stickhandling
Rink 2	4:30-5:00	Team Meeting (players & coaches)
12:45-1:45	5:30	BBQ @ Rink / Players dep. w Host Family after

DAY 2	8:30-9:45	ICE #1 - Power Skating NIC GLADER (Pro Rink)
Søndag	10:15-11:45	X-Games. Gym - Floorball
Sunday	11:45-12:15	Lunch - players/coaches
7/31	12:45 - 13.30	Dryland

	2:00-3:00	ICE #2 - Skills Training (Rink 2)
Goalie	3:30-4:30	Stickhandling - Team meeting
Rink 2	5:30 (meet @ rink)	Host Family Dinner

DAY 3	8:30-9:45	ICE #1 - Power Skating NIC GLADER (Pro Rink)
Mandag	10:15-11:45	X-Games
Monday	11:45-12:15	Lunch - players/coaches
8/1	12:45 - 13.30	Dryland

	2:00-3:00	ICE #2 - Skills Training (Rink 2)
Goalie	3:30-4:30	Stickhandling - Team meeting
Rink 2	6:30	PH Parent/Coach Dinner - Location TBD

DAY 4	8:15-9:30	X-Games
Tirsdag	10:00-11:15	ICE - Skills Training (Pro Rink)
Tuesday	11:30-12:00	Lunch - players/coaches @ rink
8/2	12:15	LV Rink for Touring Day (Ribe, Denmark)
	9:15pm	AR Rink - host family pick up

DAY 5	8:30 - 9:30	X-Games
Onsdag	10:15-11:30	ICE - Skills Training (Rink 2)
Wednesday	11:45-12:15	Lunch - players/coaches
8/3	12:20-12:40	Classroom/Lecture

	1:15-2:30	3 v 3 Tourney (Pro Rink)
	3:00-3:45	Yoga
Goalie	4:00 - 4:45	Stickhandling
Rink 2	3:30-6:45	Music, Beer Tent, Easy Food, Gathering
12:45-1:45	7:00	Pub Crawl

DAY 6	8:30-9:45	ICE - Skills Training (Pro Rink)
Torsdag	10:15-11:15	X-Games Soccer
Thursday	11:30-12:00	Lunch - players/coaches
8/4	12:00-12:30	Classroom/Lecture
	12:45-1:15	Dryland Training
	2:00-3:15	Game: EIK vs PH (Rink 2)
	3:45-4:15	Team Stretch/Team Meeting
		Parent Dinner - On own. Free night

DAY 7	8:45-9:45	Mixed Bench Game vs EIK (Pro Rink)
Fredag	10:00-11:00	Skills Competition (Rink 2)
Friday	11:15-11:45	Lunch - players/coaches
8/5	12:00-12:30	Top Players Presentation
	12:45-1:45	X-Games
	1:45-2:15	Team Closing - parents/players
	2:15-2:45	Player/Parent Assessment (optional)
	5:30pm	BBQ at Rink/Closing Party

DAY 8 (Sat 8/6)	Departure
-----------------	-----------



EUROPEAN HOCKEY SUMMIT

Esbjerg, Denmark - 2022

Scandic Olympic Hotel

Strandbygade 3
6700 Esbjerg, Denmark +45 75 18 11 88

Friday, July 29 "Meet & Greet & Opening"

4:00-4:45pm Host Family Meet & Greet @ Hotel
4:45pm Walk to Rink
5:45-6:15pm Opening Ceremonies - Pro Rink
6:15-6:30 Team meetings (players & parents)
6:30pm Beer Tent & light food opens
6:30-6:45pm All Coaches Meeting - location tbd
Evening Parent dinner on own

Touring Day (Tuesday, 8/2)

12:15pm Bus lv rink to Ribe - oldest Dmk town
1:15pm, ar Ribe. Tour Ribe Cathedral. Free time
5:15 bus to Restaurant Kammerhusen. Dinner
7:15 bus to Ribe for guided tour by Old Guard
9:15 ar @ rink for player pick up, then to hotel

ICE SCHEDULE (Wed-Fri)

Squirt **Peewee** **Bantam** **Midget**

Pro Rink

Rink 2

Wednesday, 8/3 (Day 5)

8:30-9:45	Fwd Skills	8:45-10:00	Def Skills
	Fwd Skills		Def Skills
10:00-11:15	Skills	10:15-11:30	Skills
11:30-1:00	Pro Ice	12:45-1:45	Goaltender
1:15-2:30	3v3 Tourney	2:00-3:15	3v3 Tourney
2:45-4:00	3v3 Tourney	3:30-4:45	3v3 Tourney

Thursday, 8/4 (Day 6)

8:30-9:45	Skills	8:45-10:00	Skills
10:00-11:15	Def Skills	10:15-11:30	Fwd Skills
	Def Skills		Fwd Skills
11:30-1:00	Open Ice	12:45-1:45	Open Ice
1:15-2:30	EIK vs PH	2:00-3:15	EIK vs PH
2:45-4:00	EIK vs PH	3:30-4:45	EIK vs PH

Friday, 8/5 (Day 7)

8:45-9:45	Mix'd Bench	10:00-11:00	Skills Comp
10:00-11:00	Mix'd Bench	11:15-12:15	Skills Comp
11:30-1:00	Pro Ice		
1:15-2:15	Mix'd Bench	2:30-3:30	Skills Comp
2:30-3:30	Mix'd Bench	3:45-4:45	Skills Comp