

★TEAM PLANET HOCKEY USA - MIDGET 16U ★

Coach - Eugene Murphy (CA)

DAY 1	8:15-9:45	X-Games. Gym - Handball
Lørdag	10:15-11:15	ICE #1 - Skill Training (Rink 2)
Saturday	11:45-12:30	Dryland Training
7/30	12:45-1:15	Lunch - players/coaches
	1:15-1:45	Classroom/Lecture
	1:45-2:15	Stickhandling
Goalie	2:15-2:30	Team Meeting (players & coaches)
Rink 2	3:00-4:30	ICE #2 - Power Skating NIC GLADER (Pro Rink)
12:45-1:45	5:30	BBQ @ Rink / Players dep. w Host Family after
DAY 2	8:15-9:45	X-Games. Gym - Handball
Søndag	10:15-11:15	ICE #1 - Skill Training (Rink 2)
Sunday	11:45-12:30	Dryland Training
7/31	12:45-1:15	Lunch - players/coaches
	1:15-1:45	Classroom/Lecture
	1:45-2:15	Stickhandling
Goalie	2:15-2:30	Team Meeting (players & coaches)
Rink 2	3:00-4:30	ICE #2 - Power Skating NIC GLADER (Pro Rink)
12:45-1:45	5:30 (meet @ rink)	Host Family Dinner
DAY 3	8:15-9:45	X-Games. Gym - Handball
Mandag	10:15-11:15	ICE #1 - Skill Training (Rink 2)
Monday	11:45-12:30	Dryland Training
8/1	12:45-1:15	Lunch - players/coaches
	1:15-1:45	Classroom/Lecture
	1:45-2:15	Stickhandling
Goalie	2:15-2:30	Team Meeting (players & coaches)
Rink 2	3:00-4:30	ICE #2 - Power Skating NIC GLADER (Pro Rink)
12:45-1:45	6:30	PH Parent/Coach Dinner - Location TBD
DAY 4	8:30-9:30	X-Games
Tirsdag	10:15-11:30	ICE - Skills Training (Rink 2)
Tuesday	11:30-12:00	Lunch - players/coaches @ rink
8/2	12:15	LV Rink for Touring Day (Ribe, Denmark)
	9:15pm	AR Rink - host family pick up
DAY 5	8:30-9:45	ICE - Forward/Defense Skills Training
Onsdag	10:15-11:15	X-Games Soccer
Wednesday	11:45-12:45	Yoga
8/3	12:45-1:15	Lunch - players/coaches
	1:30-2:00	Classroom/Lecture
	2:15-2:45	Stickhandling
Goalie	3:30-4:45	3 v 3 Tourney (Rink 2)
Rink 2	3:30-6:45	Music, Beer Tent, Easy Food, Gathering
12:45-1:45	7:00	Pub Crawl
DAY 6	8:30-9:30	X-Games
Torsdag	10:15-11:30	ICE - Forward/Defense Skills Training
Thursday	12:00-12:30	Dryland Training
8/4	12:30-12:45	Team Stretch/Team Meeting
	12:45-1:15	Lunch - players/coaches
	1:15-1:45	Classroom/Lecture
	1:45-2:15	Stickhandling
	2:45-4:00	Game: EIK vs PH (Pro Rink)
		Parent Dinner - On own. Free night
DAY 7	11:30-12:30	X-Games
Fredag	12:45-1:15	Lunch - players/coaches
Friday	1:30-2:00	Player/Parent Assessment (optional)
8/5	2:30-3:30	Mixed Bench Game vs EIK (Pro Rink)
	3:45-4:45	Skills Competition (Rink 2)
	5:00-5:15	Top Players Presentation
	5:15-5:30	Team Closing - parents/players
	5:30pm	BBQ at Rink/Closing Party
DAY 8 (Sat 8/6)		Departure



EUROPEAN HOCKEY SUMMIT

Esbjerg, Denmark - 2022

Scandic Olympic Hotel

Strandbygade 3

6700 Esbjerg, Denmark +45 75 18 11 88

Friday, July 29 "Meet & Greet & Opening"

4:00-4:45pm	Host Family Meet & Greet @ Hotel
4:45pm	Walk to Rink
5:45-6:15pm	Opening Ceremonies - Pro Rink
6:15-6:30	Team meetings (players & parents)
6:30pm	Beer Tent & light food opens
6:30-6:45pm	All Coaches Meeting - location tbd
Evening	Parent dinner on own

Touring Day (Tuesday, 8/2)

12:15pm	Bus lv rink to Ribe - oldest Dmk town
1:15pm, ar Ribe.	Tour Ribe Cathedral. Free time
5:15	bus to Restaurant Kammerslusen. Dinner
7:15	bus to Ribe for guided tour by Old Guard
9:15 ar @ rink	for player pick up, then to hotel

ICE SCHEDULE (Wed-Fri)

Squirt	Pee wee	Bantam	Midget
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Pro Rink

Rink 2

Wednesday, 8/3 (Day 5)

8:30-9:45	Fwd Skills	8:45-10:00	Def Skills
	Fwd Skills		Def Skills
10:00-11:15	Skills	10:15-11:30	Skills
11:30-1:00	Pro Ice	12:45-1:45	Goaltender
1:15-2:30	3v3 Tourney	2:00-3:15	3v3 Tourney
2:45-4:00	3v3 Tourney	3:30-4:45	3v3 Tourney

Thursday, 8/4 (Day 6)

8:30-9:45	Skills	8:45-10:00	Skills
10:00-11:15	Def Skills	10:15-11:30	Fwd Skills
	Def Skills		Fwd Skills
11:30-1:00	Open Ice	12:45-1:45	Open Ice
1:15-2:30	EIK vs PH	2:00-3:15	EIK vs PH
2:45-4:00	EIK vs PH	3:30-4:45	EIK vs PH

Friday, 8/5 (Day 7)

8:45-9:45	Mix'd Bench	10:00-11:00	Skills Comp
10:00-11:00	Mix'd Bench	11:15-12:15	Skills Comp
11:30-1:00	Pro Ice		
1:15-2:15	Mix'd Bench	2:30-3:30	Skills Comp
2:30-3:30	Mix'd Bench	3:45-4:45	Skills Comp

v.2