## **★TEAM PLANET HOCKEY USA - BANTAM 14U ★**

Coach - Chris Lockrem (CO)

DAY 1			
Saturday	DAY 1	8:45-9:30	Dryland Training
11:45-12:15	_		
12:15-12:45	•		
12:45-1:00   Team Meeting (players & coaches)   1:15-2:45   X-Games (Xgm + Handball   X-Games (Xgm + Y-Games (X	7/30		<u> </u>
Coalie   Rink 2   1:15-2:45   X-Games. Gym - Handball   3:15-4:30   ICE #2 - Skills Training (Rink 2)   Syndag   10:00-11:15   Stickhandling   12:15-12:45   Lunch - players/coaches   1:15-2:45   X-Games. Gym - Handball   Rink 2   Rink			
Rink 2   12-45-145   5:30   BBQ @ Rink / Players dep. w Host Family after			
12:45-1:45   5:30   BBQ @ Rink / Players dep. w Host Family after	(Sec. 42)		•
DAY 2			<b>-</b> ( )
Semdag			• • • • • • • • • • • • • • • • • • • •
Sunday		8:45-9:30	Dryland Training
7/31 11:45-12:15 Stickhandling	-	40.00.44.45	IOE #4 B OL # NIO OLABED (B. B. L.)
12:15-12:45	•		
12:45-1:00	7/31	-	<b>S</b>
Scalie   Rink 2   3:15-2:45   X-Games. Gym - Handball   3:15-4:30   ICE #2 - Skills Training (Rink 2)   5:30 (meet @ rink)   Host Family Dinner   DAY 3   8:45-9:30   Dryland Training   Rink 2   12:15-12:45   Lunch - players/coaches   12:45-1:00   Team Meeting (players & coaches)   1:15-2:45   X-Games. Gym - Handball   3:15-4:30   ICE #2 - Skills Training (Rink 2)   1:245-1:45   X-Games. Gym - Handball   3:15-4:30   ICE #2 - Skills Training (Rink 2)   1:245-1:45   X-Games. Gym - Handball   X-Games   I1:15-1:45   Lunch - players/coaches @ rink   I2:15   X-Games   I1:15-1:45   LV Rink for Touring Day (Ribe, Denmark)   S:15pm   AR Rink - host family pick up   DAY 5   I1:45-12:15   Stickhandling   X-Games   I1:45-12:15   Stickhandling   I1:45-12:15			
Rink 2			
12:45-1:45			
DAY 3   8:45-9:30   Dryland Training   Incoentified   Incoentif			
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Monday			· · · · · · · · · · · · · · · · · · ·
12:15-12:45	Ū		
12:45-1:00   Team Meeting (players & coaches)	•		<u> </u>
Coalie   Rink 2   1:15-2:45   3:15-4:30   ICE #2 - Skills Training (Rink 2)   6:30   PH Parent/Coach Dinner - Location TBD	8/ 1		
Rink 2   3:15-4:30   ICE #2 - Skills Training (Rink 2)     12:45-1:45   6:30   PH Parent/Coach Dinner - Location TBD     DAY 4   10:30-11:15   X-Games     Tuesday   11:15-11:45   Lunch - players/coaches @ rink     8/2   12:15   LV Rink for Touring Day (Ribe, Denmark)     9:15pm   AR Rink - host family pick up     DAY 5   S:30-9:45   ICE - Forward/Defense Skills Training     Nosdag   10:15-11:30   X-Games     Wednesday   11:45-12:15   Stickhandling     8/3   12:15-12:45   Lunch - players/coaches     1:00-2:00   Yoga     2:45-4:00   3 v 3 Tourney (Pro Rink)     Goalie   Rink 2   3:30-6:45   Team Stretch/Team Meeting     Rink 2   12:45-1:45   Pub Crawl     DAY 6   8:30-9:30   X-Games Soccer     Torsdag   10:00-11:15   ICE - Forward/Defense Skills Training     Thursday   11:45-12:15   Stickhandling     8/4   12:15-12:45   Lunch - players/coaches     1:00-1:30   Classroom/Lecture     1:45-2:15   Dryland Training     2:30-2:45   Game: EIK vs PH (Rink 2)     Parent Dinner - On own. Free night     DAY 7   11:15-12:15   X-Games     Fredag   12:15-12:45   Lunch - players/coaches     Friday   1:15-2:15   Mixed Bench Game vs EIK (Pro Rink)     8/5   2:30-3:30   Skills Competition (Rink 2)     Fram Closing - parents/players     4:30-5:00   Player/Parent Assessment (optional)     BBQ at Rink/Closing Party			- · · · · · · · · · · · · · · · · · · ·
12:45-1:45	(SS)		
DAY 4			
Tirsdag			
Tuesday 8/2 12:15			- 1
May 1	•		
Sissipa			
DAY 5   0.30-9:45   ICE - Forward/Defense Skills Training   10:15-11:30   X-Games   10:15-12:15   Stickhandling   12:15-12:45   Lunch - players/coaches   1:00-2.00   Yoga   2:45-4:00   3 v 3 Tourney (Pro Rink)   4:30-4:45   Team Stretch/Team Meeting   3:30-6:45   Music, Beer Tent, Easy Food, Gathering   Pub Crawl   DAY 6   10:00-11:15   ICE - Forward/Defense Skills Training   11:45-12:15   Stickhandling   Stickhandling   Stickhandling   Stickhandling   11:45-12:15   Dryland Training   1:45-2:15   Dryland Training   2:30-2:45   Team Stretch/Team Meeting   3:30-4:45   Game: ElK vs PH (Rink 2)   Parent Dinner - On own. Free night   DAY 7   11:15-12:15   X-Games   Team Stretch/Team Meeting   1:15-12:15   Mixed Bench Game vs ElK (Pro Rink)   Stills Competition (Rink 2)   4:00-4:15   Top Players Presentation   Team Closing - parents/players   4:30-5:00   Player/Parent Assessment (optional)   BBQ at Rink/Closing Party   Parent   Parent   Parent   Parent   Parent   Parent   Parent   Parents/Players   Parents/Pl	o	-	
Onsdag         10:15-11:30         X-Games           Wednesday         11:45-12:15         Stickhandling           8/3         12:15-12:45         Lunch - players/coaches           1:00-2.00         Yoga           2:45-4:00         3 v 3 Tourney (Pro Rink)           Goalie         4:30-4:45         Team Stretch/Team Meeting           Rink 2         3:30-6:45         Music, Beer Tent, Easy Food, Gathering           Pub Crawl         Pub Crawl           DAY 6         8:30-9:30         X-Games Soccer           Torsdag         10:00-11:15         ICE - Forward/Defense Skills Training           Thursday         11:45-12:15         Stickhandling           8/4         12:15-12:45         Lunch - players/coaches           1:00-1:30         Classroom/Lecture           1:45-2:15         Dryland Training           2:30-2:45         Team Stretch/Team Meeting           3:30-4:45         Game: ElK vs PH (Rink 2)           Parent Dinner - On own. Free night           DAY 7         11:15-12:15         X-Games           Friday         1:15-2:15         Mixed Bench Game vs ElK (Pro Rink)           8/5         2:30-3:30         Skills Competition (Rink 2)           4:00-4:15         Top Players Presentation	DAY 5		
Wednesday         11:45-12:15         Stickhandling           8/3         12:15-12:45         Lunch - players/coaches           1:00-2.00         Yoga           2:45-4:00         3 v 3 Tourney (Pro Rink)           Goalie         4:30-4:45         Team Stretch/Team Meeting           Rink 2         3:30-6:45         Music, Beer Tent, Easy Food, Gathering           7:00         Pub Crawl           DAY 6         8:30-9:30         X-Games Soccer           Torsdag         10:00-11:15         ICE - Forward/Defense Skills Training           Thursday         11:45-12:15         Stickhandling           8/4         12:15-12:45         Lunch - players/coaches           1:00-1:30         Classroom/Lecture           1:45-2:15         Dryland Training           2:30-2:45         Team Stretch/Team Meeting           3:30-4:45         Game: ElK vs PH (Rink 2)           Parent Dinner - On own. Free night           DAY 7         11:15-12:15         X-Games           Friday         1:15-2:15         Mixed Bench Game vs ElK (Pro Rink)           8/5         2:30-3:30         Skills Competition (Rink 2)           4:00-4:15         Top Players Presentation           4:15-4:30         Team Closing - parents/players			
12:15-12:45	•		
1:00-2.00   Yoga   2:45-4:00   3 v 3 Tourney (Pro Rink)	•		3
2:45-4:00   3 v 3 Tourney (Pro Rink)		1:00-2.00	
A:30-4:45			
3:30-6:45	Goalie	4:30-4:45	
12:45-1:45	Rink 2	3:30-6:45	Music, Beer Tent, Easy Food, Gathering
Torsdag		7:00	Pub Crawl
Thursday 11:45-12:15 Stickhandling  8/4 12:15-12:45 Lunch - players/coaches  1:00-1:30 Classroom/Lecture  1:45-2:15 Dryland Training  2:30-2:45 Team Stretch/Team Meeting  3:30-4:45 Game: EIK vs PH (Rink 2)  Parent Dinner - On own. Free night  DAY 7 11:15-12:15 X-Games  Fredag 12:15-12:45 Lunch - players/coaches  Friday 1:15-2:15 Mixed Bench Game vs EIK (Pro Rink)  8/5 2:30-3:30 Skills Competition (Rink 2)  4:00-4:15 Top Players Presentation  4:15-4:30 Team Closing - parents/players  4:30-5:00 Player/Parent Assessment (optional)  5:30pm BBQ at Rink/Closing Party	DAY 6	8:30-9:30	X-Games Soccer
8/4  12:15-12:45 Lunch - players/coaches  1:00-1:30 Classroom/Lecture  1:45-2:15 Dryland Training 2:30-2:45 Team Stretch/Team Meeting  3:30-4:45 Game: ElK vs PH (Rink 2) Parent Dinner - On own. Free night  DAY 7  11:15-12:15 X-Games Fredag 12:15-12:45 Lunch - players/coaches Friday 1:15-2:15 Mixed Bench Game vs ElK (Pro Rink) 8/5 2:30-3:30 Skills Competition (Rink 2) 4:00-4:15 Top Players Presentation 4:15-4:30 Team Closing - parents/players 4:30-5:00 Player/Parent Assessment (optional) 5:30pm BBQ at Rink/Closing Party	Torsdag	10:00-11:15	ICE - Forward/Defense Skills Training
1:00-1:30	Thursday	11:45-12:15	Stickhandling
1:45-2:15 Dryland Training 2:30-2:45 Team Stretch/Team Meeting 3:30-4:45 Game: ElK vs PH (Rink 2) Parent Dinner - On own. Free night  DAY 7 11:15-12:15 X-Games Fredag 12:15-12:45 Lunch - players/coaches Friday 1:15-2:15 Mixed Bench Game vs ElK (Pro Rink) 8/5 2:30-3:30 Skills Competition (Rink 2) 4:00-4:15 Top Players Presentation 4:15-4:30 Team Closing - parents/players 4:30-5:00 Player/Parent Assessment (optional) 5:30pm BBQ at Rink/Closing Party	8/4	12:15-12:45	Lunch - players/coaches
2:30-2:45    Team Stretch/Team Meeting     3:30-4:45   Game: ElK vs PH (Rink 2)     Parent Dinner - On own. Free night     DAY 7		1:00-1:30	Classroom/Lecture
3:30-4:45   Game: ElK vs PH (Rink 2)   Parent Dinner - On own. Free night		1:45-2:15	Dryland Training
Parent Dinner - On own. Free night		2:30-2:45	Team Stretch/Team Meeting
DAY 7         11:15-12:15         X-Games           Fredag         12:15-12:45         Lunch - players/coaches           Friday         1:15-2:15         Mixed Bench Game vs ElK (Pro Rink)           8/5         2:30-3:30         Skills Competition (Rink 2)           4:00-4:15         Top Players Presentation           4:15-4:30         Team Closing - parents/players           4:30-5:00         Player/Parent Assessment (optional)           5:30pm         BBQ at Rink/Closing Party		3:30-4:45	
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Friday 8/5  1:15-2:15  Mixed Bench Game vs ElK (Pro Rink)  Skills Competition (Rink 2)  1:00-4:15  4:00-4:15  Top Players Presentation  Team Closing - parents/players  4:30-5:00  Player/Parent Assessment (optional)  5:30pm  BBQ at Rink/Closing Party	DAY 7	11:15-12:15	X-Games
8/5 2:30-3:30 Skills Competition (Rink 2) 4:00-4:15 Top Players Presentation 4:15-4:30 Team Closing - parents/players 4:30-5:00 Player/Parent Assessment (optional) 5:30pm BBQ at Rink/Closing Party	•		
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4:15-4:30 Team Closing - parents/players 4:30-5:00 Player/Parent Assessment (optional) 5:30pm BBQ at Rink/Closing Party	8/5	2:30-3:30	
4:30-5:00 Player/Parent Assessment (optional) 5:30pm BBQ at Rink/Closing Party			
5:30pm BBQ at Rink/Closing Party		4:15-4:30	
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DAY 8 (Sat 8/6) Departure			
	DAY 8 (Sat 8	3/6)	Departure



## **EUROPEAN HOCKEY SUMMIT**

Esbjerg, Denmark - 2022

Scandic Olympic Hotel

Strandbygade 3

6700 Esbjerg, Denmark +45 75 18 11 88

Friday, July	29 "Meet & Greet & Opening"
4:00-4:45pm	Host Family Meet & Greet @ Hotel
4:45pm	Walk to Rink
5:45-6:15pm	Opening Ceremonies - Pro Rink
6:15-6:30	Team meetings (players & parents)
6:30pm	Beer Tent & light food opens
6:30-6:45pm	All Coaches Meeting - location tbd
Evening	Parent dinner on own

## Touring Day (Tuesday, 8/2)

12:15pm Bus Iv rink to Ribe - oldest Dmk town 1:15pm, ar Ribe. Tour Ribe Cathedral. Free time 5:15 bus to Restaurant Kammerslusen. Dinner 7:15 bus to Ribe for guided tour by Old Guard 9:15 ar @ rink for player pick up, then to hotel

## ICE SCHEDULE (Wed-Fri)

Squirt	Peewee	Bantam	Midget

Pro Rink Rink 2

Wednesday, 8/3 (Day 5)			
8:30-9:45	Fwd Skills	8:45-10:00	Def Skills
	Fwd Skills		Def Skills
10:00-11:15	Skills	10:15-11:30	Skills
11:30-1:00	Pro Ice	12:45-1:45	Goaltender
1:15-2:30	3v3 Tourney	2:00-3:15	3v3 Tourney
2:45-4:00	3v3 Tourney	3:30-4:45	3v3 Tourney

Thursday, 8/4 (Day 6)				
8:30-9:45	Skills	8:45-10:00	Skills	
10:00-11:15	Def Skills	10:15-11:30	Fwd Skills	
	Def Skills		Fwd Skills	
11:30-1:00	Open Ice	12:45-1:45	Open Ice	
1:15-2:30	EIK vs PH	2:00-3:15	EIK vs PH	
2:45-4:00	EIK vs PH	3:30-4:45	EIK vs PH	

Friday, 8/5 (Day 7)			
8:45-9:45	Mix'd Bench	10:00-11:00	Skills Comp
10:00-11:00	Mix'd Bench	11:15-12:15	Skills Comp
11:30-1:00	Pro Ice		
1:15-2:15	Mix'd Bench	2:30-3:30	Skills Comp
2:30-3:30	Mix'd Bench	3:45-4:45	Skills Comp

v.2